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DR POORNIMA EKNATH SURVE

DR D. Y PATIL COLLEGE OF LAW, NERUL NAVI MUMBAI

# Editor's Note

When we began with The Rise Insight, we were not sure about where the journey with our brainchild would take us. With every edition, we learnt, grew, expanded the corners of our magazine, and educated ourselves simultaneously. The Quarterly E-Magazine has helped us redefine the meaning and significance of media and bridge the gap between the world of words and the quickly evolving technology. Volume 3rd Issue of the July 2024 Edition of The Rise Insight has helped us expand our dimensions a little more with a bunch of topics that we have explored.

With every edition, we strive to achieve new heights and improve the next edition, as we believe there is always more to add and to learn. Hence, we would heartily welcome the valuable suggestions from our readers at: editorial@theliteraturetimes.com. We look forward to hearing from you. Happy Reading! Happy Reading!

## Vikrant Singh Thakur

Editor-in-Chief



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# WELCOME

Cool to see you in this issue.

We invite you to join us in our journey to reach the next milestone and see what marvel our new venture has in store for us. Our effort intends to reach out to maximum readers who want to see the movements and developments in the literary world and aspire to write someday too. So, with the hope of giving you a joyous experience in reading, let's begin without delays.

We hope you enjoy this one.

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## Dr. Poornima Eknath Surve

Champion of Legal Excellence and Resilience

Dr. Poornima Eknath Surve, an esteemed academician at Dr. D. Y. Patil College of Law, Nerul, Navi Mumbai, continues to inspire and mentor the next generation of legal scholars. Her journey from adversity to triumph serves as a powerful testament to the transformative power of education and perseverance. Dr. Surve's legacy is not only marked by academic excellence but also by her resilience, determination, and relentless pursuit of her dreams against all odds.



profound impact on both the academic and legal communities.

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# Acquainting Experiences" by Fedora Lobo



Life in its fullness is often portrayed as a journey of experiences that make and break a person's character and personality. However, as a normal human tendency, we get involved in the regular mundane tasks and forget to appreciate life in its full form. "Acquainting Experiences" by Fedora Lobo is an exceptional portrayal of this aspect of human lives and how the need of human connections will always be there, even in the existence of an AI driven world.

The novel is a poignant portrayal of this and additionally, it is also an exploration of other issues like psychological, sociological, parenting and its impact on children, the significance of sharing warmth, comfort and most importantly, the varying forms of love. The author explores them through different lenses which majorly oscillate through the central character, Suzanne's eyes and the people she comes across in the midst of her journey of discovering herself. What begins as a simple plotline gradually shifts to becoming a novel of self-discovery, a spiritual journey and eye-opening revelations that enthrall both Suzanne and the readers.

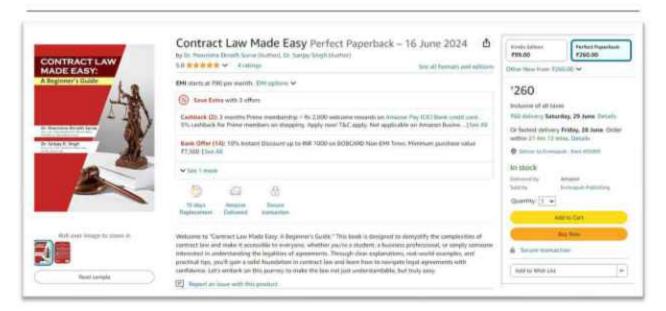
Even though the narrative unfolds through Suzanne's eyes and her reactions to situations, it also gives the readers a chance to dive into her personality and understand the circumstances that make her the person she becomes. It is the normal human behavior and nature that takes over her controlled and regulated life and gradually takes her on the road to her awakening. Through her character, the author presents different streams of thought beginning from the right kind of parenting. It is the right kind of parenting and guidance that makes the child into the person they would eventually become. The author gradually highlights the importance of the right treatment for children in their most impressionable years and the fact that how those experiences would impact their whole life. But when Suzanne has her awakening, the author also gives the readers a ray of hope in life giving second chances and the idea of better late than never. It is Suzanne's awakening that may also come across as an epiphany for many readers.

"Acquainting Experiences" is a profound journey through the essence of human connections and the irreplaceable value of genuine emotions in an AI-driven world. It's a poignant reminder that the beauty of life lies in the simple, everyday moments and the enduring power of love and self-discovery.



"Acquainting Experiences" by Fedora Lobo is a powerful work of writing that is also like a spiritual journey for the readers. They read, enjoy, and learn on the go as they read through. The lively personality of Veronica makes waves in their minds and hearts and makes her a charming and unforgettable person. In light of the enlightenment that the novel on the whole can give, this book is recommended to readers of all age groups. Every reader would have a significant point to take home as a lesson of wisdom. The validity of this book extends to the universal level due to its being deeply rooted in the forms of existence of life and death. Everything that comes in between drives the plot with swiftness with life lessons being imparted through simple words and a gradually unfolding story. All readers should try to acquaint themselves through their and Suzanne's experiences to appreciate and love life the way it is. This novel will be a miletsone in that direction.

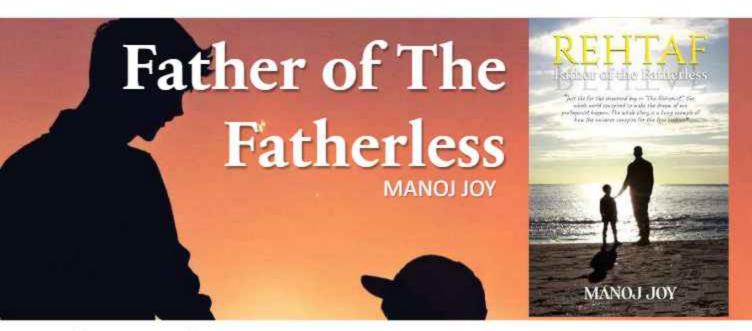
## BOOK BY DR. SURVE



Welcome to "Contract Law Made Easy: A Beginner's Guide." This essential book is designed to simplify the complexities of contract law, making it accessible to everyone—students, business professionals, or anyone interested in understanding legal agreements. Through clear explanations, real-world examples, and practical tips, this guide provides a solid foundation in contract law, helping you navigate legal agreements with confidence. Contract law, often seen as complex and intimidating, is crucial in our daily lives. From signing leases to negotiating business deals, understanding contract fundamentals empowers you to make informed decisions and protect your interests. This book breaks down legal jargon into simple concepts, explaining what a contract is, the elements of a valid contract, and different contract types using relatable examples.

One of the book's strengths is its practical approach. Beyond theory, it offers advice on drafting, reviewing, and negotiating contracts. Learn to identify red flags, ensure essential terms are clear, and understand your rights and obligations. The book also covers common contract issues like breaches and disputes, guiding you on remedies and resolutions—particularly beneficial for business professionals. Law students will find this book an invaluable resource. It introduces contract law comprehensively, using clear explanations and examples to make complex theories approachable and enhancing understanding.

In a world where legal literacy is vital, "Contract Law Made Easy" is a crucial tool for anyone looking to navigate agreements confidently. Whether preparing for a legal career, managing business transactions, or simply wanting to be well-informed, this guide transforms the complexities of contract law into practical, easy-to-understand knowledge. Let's make contract law not just accessible, but truly easy for everyone.

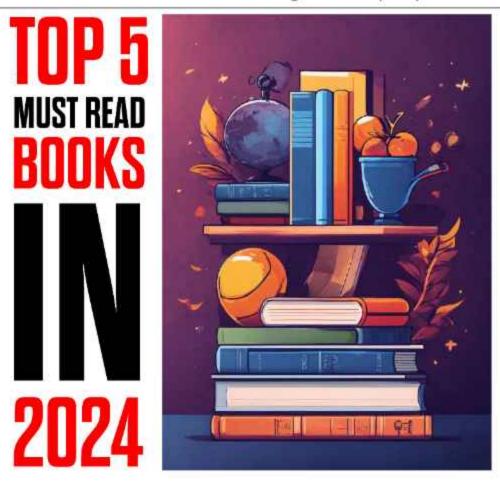


"REHTAF: Father Of The Fatherless" by author Manoj Joy is a gripping and emotionally resonant novel that explores the themes of the family devastations, trauma, and the pursuit of identity. Set against the backdrop of 1970s India, this poignant story follows the journey of a young boy who embarks on a heartfelt quest to uncover the truth about his origins and find his true father. Well, the book transports the readers directly into the setting, making them feel like the participants in these captivating stories told from a unique perspective. Interestingly, the manner in which the author has carried out the task of storytelling in this book is captivating enough to make the readers quench for more with every turn of the page, and this is something that actually makes this title reading worthy!

Author Manoj Joy is a teacher at a senior high school in Western Australia. Born in Kerala, India, he eventually landed in an orphanage after the death of his mother. His debut novel, "REHTAF: Father Of The Fatherless" is inspired by true events. Today, Manoj resides with his wife and two children in Perth, Australia. Undoubtedly, Manoj Joy is a talented and emerging voice in the literary world. Drawing from the personal experiences and a deep understanding of the human emotions, the author weaves a compelling narrative that resonates with the readers on a profound level. With this debut novel, the author demonstrates a remarkable ability to explore complex themes with empathy, authenticity, and a unique storytelling style. Well, this particular title, "REHTAF: Father Of The Fatherless" is published by Astitva Prakashan and is released in April 2024. Also, the book is available in both paperback as well as in e-book format and the readers can find this reading worthy title on all the top online marketplaces.

At the heart, this remarkable title, "REHTAF: Father Of The Fatherless" is the story of Leela, a young girl who finds herself thrust into an arranged marriage with Yacob, a decision that shatters her dreams and robs her of her childhood. As she navigates the challenges of her new life, Leela grapples with the loss of her autonomy and the harsh realities of her circumstances. Despite her struggles, she remains determined to carve out a better future for herself and her unborn child. The story takes a tragic turn when Leela discovers that she is pregnant, setting off a chain of events that will have far reaching consequences for both her and her son. As she grapples with the challenges of motherhood and the weight of her past, Leela is forced to confront the painful truths that have shaped her life and the lives of those around her?

The narrative then shifts to focus on Leela's son, the protagonist of the story, who grows up in the shadow of his mother's tragic past. Haunted by the question of his true paternity, he embarks on a relentless quest to uncover the secrets of his origins and find the father he never knew. Along the way, he confronts a series of trials and tribulations that test his strength and resilience, ultimately leading him to a profound journey of self-discovery. Well, through the "36 Reading Worthy Chapters" in this book the author has made sure to present the readers with an unforgettable tale.



#### Why You Need to Read: Here Are the Top 5 Must-Read Books for You

Reading is not merely a pastime but a transformative experience essential for personal growth and understanding. Books are windows into diverse perspectives, offering insights into different cultures, ideologies, and human experiences. They expand our knowledge, sharpen our critical thinking, and nurture empathy and understanding. Firstly, reading stimulates the mind. It challenges us to think critically, analyze situations, and explore complex ideas. Whether fiction or non-fiction, books present scenarios that prompt us to question assumptions and consider new viewpoints. This mental exercise strengthens cognitive abilities and enhances problem-solving skills, preparing us to navigate life's challenges more effectively.

Secondly, books offer a wealth of knowledge. They serve as repositories of information on a wide range of subjects—from history and science to philosophy and art. Reading allows us to delve deep into specific topics of interest, gaining expertise and broadening our intellectual horizons. In a rapidly changing world, staying informed through reading helps us stay relevant and adaptable.

#1

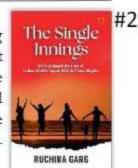


#### The Rising BY CS Ramachandran

Ancient myth and contemporary reality converge in a riveting narrative that pits the immortal Chiranjeevis against the malevolent force of Mahisha, an ancient demon intent on world destruction. As the fabric of time frays, these legendary figures from Indian mythology are summoned to confront Mahisha's dark influence, transcending their own histories to stand united against a common foe.

#### The Single Innings BY Ruchira Garg

Activists, feminists, anti-marriage advocates, or simply independent individuals—modern financially self-sufficient singles constantly endure society's biting remarks filled with sarcasm and stereotypes. From social gatherings and festivals to renting and insurance situations, they face discrimination at every turn.



#3



#### Chiku BY Rohit Verma Rimpu

The story of this novel is based on the life of a character named ""Chiku"". Chiku is suffering from stuttering problem due to which he has to struggle a lot to live his ordinary life. This entire story focuses on his stammering problem and the reason behind the occurrence of this problem and its solution. Along with the theme of stuttering, some social issues have also been included in the story.

#### Prernadayak Kahaniyan by Neeraj Chaturvedi

Every child is special in himself but his upbringing decides his future. While raising children, parents should remember that school education can only develop abilities related to science but inspirational subjects for psychological development. This book is a must read for students who are looking for excitement and inspiration in their life.



#5



#### Reminder to Myself by Vidya Sagar

This is a creative piece of writing. In this book author has Written letter to fourty year old self and his hopes and aspirations for the future. Author mentions life lessons and experiences he has learned over 40 years and his hopes and aspirations to his 80 year old self in the form of advice. Author mentioned life lessons in simple but elaborate way.

made easy at a click of a mouse.

# Tabula Rasa: A Symphony of Hearts and Minds

"Tabula Rasa" by Veena Regidi is a poetic journey that delves deep into the author's thoughts, drawn from the very core of her mind and soul. These poems offer glimpses into real-life observations, reflecting her inner muse with heartfelt sincerity. Each verse resonates with a profound connection to human experiences, weaving a tapestry of emotions and insights.

Veena Regidi, a versatile professional with a Master's in English Language and Literature, as well as Human Resource Management, brings over two decades of diverse experience in administrative and academic realms. Her creativity shines through as an English editor, trainer, blogger, poet, and academician, showcasing a keen eye for detail and a knack for generating innovative ideas.





In her poetic endeavor, Veena Regidi captures the essence of life's myriad facets, portraying themes that touch upon the depth of human existence. Her writings not only articulate her observations but also echo her deep-rooted belief in humanity and the transformative power of introspection. With fluency in English, Hindi, and Telugu, she effortlessly communicates her thoughts and emotions, enriching her verses with a universal appeal.

"Tabula Rasa" is not just a collection of poems; it is a testament to Veena Regidi's unwavering gratitude to life, family, and friends who have steadfastly supported her creative journey. Her humility shines through her work, inviting readers to embark on a soul-stirring exploration of life's complexities and simplicities alike. Through her poetic voice, she offers solace and inspiration, making "Tabula Rasa" a cherished addition to the realm of contemporary poetry.

"Tabula Rasa" by Veena Regidi echoes the symphony of hearts and minds, offering poetic solace straight from the soul. Dive into her verses and discover the depth of human experience through her heartfelt reflections.

# Fugue Cocktail" by Templar Prospero

#### Overview:

"Fugue Cocktail" by Templar Prospero ventures into the intriguing territory of fiction known as the Encyclopedia genre. This unique work blends autobiography, philosophy, and a vivid portrayal of nature akin to the meticulous strokes of a painter's brush on a canvas of words. It promises not just a narrative journey but a philosophical exploration and a sensory experience through prose.

#### Author's Background:

Templar Prospero, a native of Kerala, introduces himself with a touch of irreverence and humor, recounting an anecdote from his baptism that hints at his lifelong dance with iconoclasm. He labels himself as a Hellenic Philistine, an existentialist celebrating life, a muse of postmodernism, and a dedicated thinker of poststructuralism. This self-description sets the stage for understanding the eclectic and potentially provocative nature of his writing.

#### Style and Themes:

Prospero's style, as described, seems to be a blend of introspective autobiography and philosophical inquiry, intertwined with a deep appreciation for the natural world. The use of the Encyclopedia genre suggests a structured yet expansive approach, possibly reminiscent of literary giants who sought to encapsulate the breadth of human experience within the covers of a single work. "Templar Prospero's 'Fugue Cocktail' paints words with the brush of autobiography and philosophy, crafting a narrative canvas that challenges and delights."

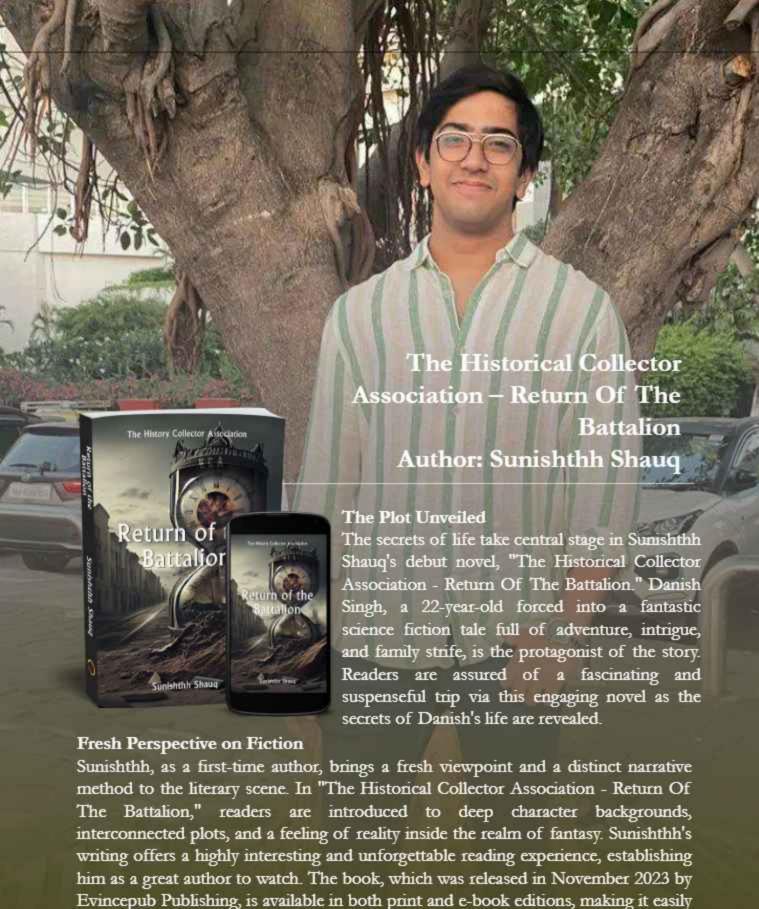
#### **ANALYSIS**

#### Critical Analysis:

The fusion of autobiography and philosophy within the Encyclopedia genre promises a layered reading experience. Readers can expect a narrative that not only delves into personal anecdotes but also grapples with profound philosophical questions. The portrayal of nature as "the tropes of painting words" suggests a poetic and sensory richness that invites readers to contemplate the interplay between language and the natural world.

#### Conclusion:

"Fugue Cocktail" appears to be a literary endeavor that defies categorization, drawing from diverse influences existentialism, postmodernism, poststructuralism. Templar Prospero's narrative voice, infused with humor and iconoclasm, promises a refreshing intellectually stimulating read. For readers intrigued by philosophical fiction challenges conventional storytelling norms, "Fugue Cocktail" seems poised to offer a compelling journey through the mind and musings of its author.



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accessible to readers on a variety of online platforms.

narrative voice is on display throughout the work.

# It's Just The Beginning Book review



The popular quote, "Not all those who wander are lost" by the legendary English author and philologist, John Ronald Reuel Tolkien will make a lot more sense as you would go through this title, "It's Just The Beginning" by author Jayapratha Kannan. Well, this insightful title is not just a travelogue rather it is a captivating journey of self-discovery, personal growth, and transformation. Throug The popular quote, "Not all those who wander are lost" by the legendary English author and philologist, John Ronald Reuel Tolkien will make a lot more sense as you would go through this title, "It's Just The Beginning" by author Jayapratha Kannan. Well, this insightful title is not just a travelogue rather it is a captivating journey of self-discovery, personal growth, and transformation. Through a series of compelling travel stories, author takes the readers on an unforgettable adventure alongside the young protagonist, Sara. Through a collection of enthralling short stories, the author delves into the complexities of the human emotions and the transformative power of connection. Interestingly, the manner in which the author has carried out the task of storytelling in this book is captivating enough to make the readers quench for more with every turn of the page, and this is something that actually makes this title reading worthy!

Born in Pollachi, in the state of Tamil Nadu in India, author Jayapratha Kannan draws inspiration for her writing from her very own experiences. She holds a master's degree in finance and returned to India after a corporate stint in Europe, founding her own venture and authoring her debut book. Her adventurous spirit and passion for exploring new places and cultures help her gather numerous stories to share with her readers. This title "It's Just The Beginning" has been published by Evincepub Publishing and got released in the year 2024. The book is available in paperback as well as in e-book format and the readers can find this title on all the top online marketplaces.

At its core, "It's Just The Beginning" is a story of courage and resilience, as Sara transcends geographical boundaries and steps out of her comfort zone to explore the world. From the bustling streets of Europe to the serene landscapes of India, Sara's journey is filled with challenges, adventures, and the life-changing experiences. Moreover, through the eyes of Sara, the readers are transported to breathtaking landscapes, vibrant cities, and diverse cultures, as she navigates the challenges and triumphs of her journey.

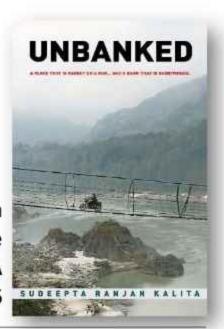
The book is a celebration of life's endless possibilities and the boundless potential that lies within each of us. Through Sara's story, author Jayapratha Kannan reminds the readers about the importance of embracing the change, pursuing our dreams, and cherishing the moments that shape our lives!

On top of that the storyline in this title, deeply carries out the introspective exploration of Sara's inner journey. As she travels, Sara grapples with the questions of identity, belonging, and purpose, ultimately finding the courage to confront her fears and embrace her true self. Further, upon returning to her homeland, India, Sara faces the challenge of readjusting to life in her native country. Through her struggles and triumphs, the readers shall witness Sara's resilience and determination to forge her own path and reconnect with her roots. Well, through the "39 Reading Worthy Chapters" in this book, the author has presented a story that will keep the readers hooked and shall provide them an immense amount of satisfaction in the end.

Well, if we go over the Readers' Connect part for this book then interestingly we can note that this title, 'It's Just The Beginning' is written in a real appealing manner. One of the most striking aspects of the book is its vivid descriptions of the various countries, which Sara visited and the diverse cultures that she encountered along the way. Author Kannan's rich and evocative prose brings each destination to life, allowing the readers to immerse themselves fully in Sara's world. Throughout the book, author skilfully weaves together the themes of self-realisation, personal growth, and the importance of connection. Sara's journey serves as a powerful reminder that our life is a continuous process of learning and growth, and that true fulfilment comes from following our passions and embracing the unknown!

Another very important aspect of this book is that the narration made by the author is indeed engrossing and the language used in this book is so lucid, that it would totally hook the readers until the very last page. Moreover, this is such a title that will make the readers think about the stories for several times, even after completing the book.

Now, coming to the final part, i.e. the Book's Verdict, I must mention that a title like, "It's Just The Beginning" is for sure a MUST READ one. The book deserves a chance by the readers, as it is a captivating and inspiring read that will resonate with anyone who has ever dreamed of exploring the world and discovering themselves along the way. With its evocative storytelling and heartfelt message, this book is sure to leave a lasting impression on the readers by igniting a sense of wanderlust and adventure that will endure long after the final page is turned. Moreover, Jayapratha Kannan is a promising author, who is very sincere with her ideas, which the readers can feel through her spectacular writings. In addition, her honest work makes this book even more reading worthy!

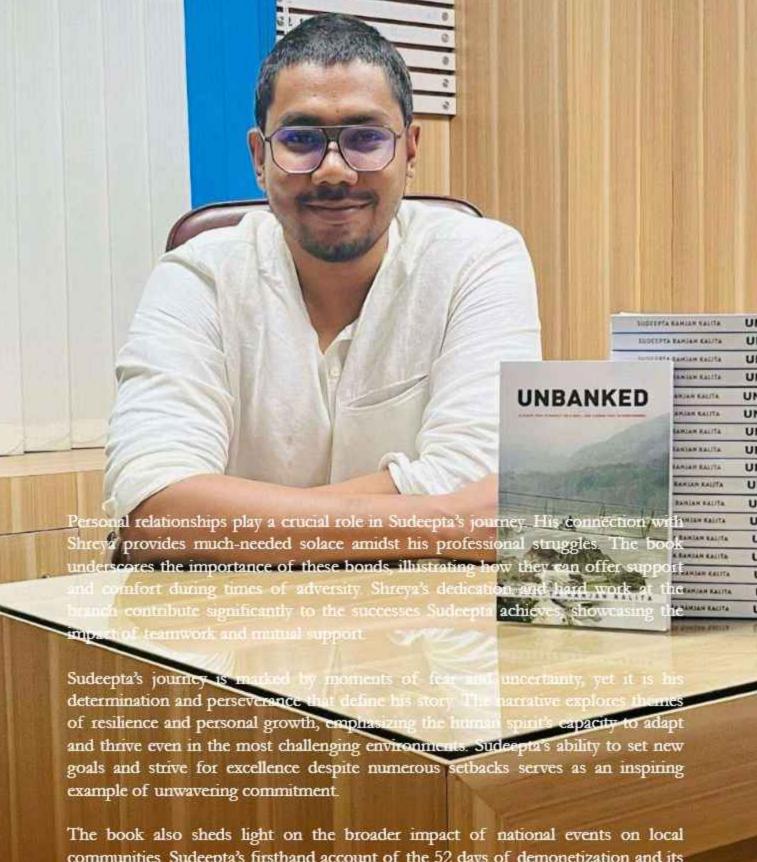


# UNBANKED: A Place That is Rarely on a Map... and a Bank that is Everywhere by SUDEEPTA RANJAN KALITA ISBN: 9789356739826

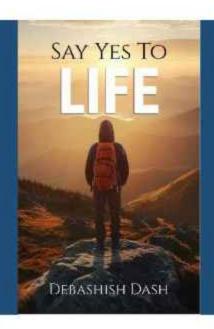
"UNBANKED" – A Place That is Rarely on a Map... and a Bank that is Everywhere, by Sudeepta Kalita chronicles his transformative journey from a seasoned banker to a resilient survivor in the remote town of Yingkiong. This gripping narrative takes readers deep into the heart of the Himalayas, where Sudeepta, a Probationary Officer at the National Bank of India, confronts the harsh realities of life on the Indo-China border. Through vivid storytelling, Kalita unveils the trials and triumphs that define his tenure in this isolated locale.

Sudeepta's assignment to Yingkiong is fraught with challenges from the outset. The treacherous roads and unpredictable weather create a formidable backdrop for his new role as an accountant and service manager. The town's insufficient infrastructure and unreliable technology further complicate his efforts to manage the bank branch effectively. Despite these obstacles, Sudeepta's resilience shines through as he grapples with his responsibilities, often without adequate training or support.

The story delves into the bureaucratic complexities and inefficiencies that plague the banking system. Sudeepta's struggle against corrupt practices in loan disbursals and unfair penalties highlights the broader issues within the industry. His commitment to maintaining integrity and fairness in the face of such challenges is a testament to his character and dedication to his profession. These experiences offer a compelling look at the intersection of personal ethics and professional duty.



The book also sheds light on the broader impact of national events on local communities. Sudeepta's firsthand account of the 52 days of demonetization and its effects on the common people of India adds a poignant layer to the story. His observations provide valuable insights into how such policies influence the lives of individuals in remote areas, highlighting the often-overlooked human cost of economic decisions.



## Embrace Resilience and Dream Big: A Review of Debashish Dash's "Say Yes To Life"

Author Debashish Dash's insightful title, "Say Yes To Life" is a compelling narrative of personal transformation that delves deep into the heart of human resilience and the unwavering pursuit of one's dreams. This novel stands as a testament to the indomitable spirit of a middle-class boy who dares to defy societal expectations to carve out his own destiny. The story centres around a young man from the small city of Talcher, whose journey is marked by adversity, self-discovery, and ultimate triumph. From the outset, the protagonist is bombarded with discouragement and skepticism from those around him. He is often misunderstood, criticised, and deemed a failure by the self-proclaimed arbiters of societal norms. However, his unwavering tenacity and loyalty to his own path gradually transform him into a well-known and respected figure!

Author Debashish Dash spent his formative years in Talcher, the city of black diamonds, where the richness of his surroundings and childhood deeply influenced his life. He has a profound appreciation for nature and a curiosity to explore diverse cultures and landscapes around the globe, fostering a passion for storytelling and connecting with people from all walks of life. Currently residing in Munich, Germany, Debashish has realised his childhood dream of working in the automotive industry. Amidst the vibrant culture of Europe, he finds joy in immersing himself in new experiences. Yet, amidst the hustle and bustle of his European adventure, his heart remains tethered to his roots, yearning for the warmth of family, the embrace of friends, and the tantalising flavours of home-cooked Indian cuisine. Whereas, this title, "Say Yes To Life" is published by Evincepub Publishing and is released during the month of May 2024. The book is available in both paperback as well as in hardcover format and the readers can find this reading worthy title on all the top online marketplaces.

This remarkable title, "Say Yes To Life" is divided into 18 poignant chapters, each meticulously detailing the protagonist's life experiences. The language is

straightforward yet deeply heartfelt, making the book accessible and engaging. The author's ability to convey complex emotions with simplicity adds a layer of authenticity to the reading experience, drawing readers into the protagonist's world with ease. The transformation journey in this title is not just about personal success but also about the broader implications of remaining true to oneself. The protagonist's parents, once criticised for their son's choices, ultimately gain respect and admiration from the very individuals who once doubted them. This narrative arc beautifully underscores the novel's core message: staying loyal to one's values and dreams can eventually win over even the harshest critics!

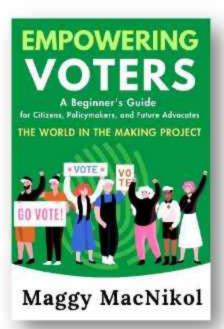
Further, the novel also serves as a poignant reflection on the cyclical nature of life. As the protagonist's journey leads him back to his roots, he returns with newfound wisdom and strength, having transformed not just his own life but also the perceptions of those around him. This return to the beginning, enriched with the lessons learned along the way, highlights the profound growth and resilience that define the human experience. The novel also serves as a poignant reflection on the cyclical nature of life. As the protagonist's journey leads him back to his roots, he returns with newfound wisdom and strength, having transformed not just his own life but also the perceptions of those around him. This return to the beginning, enriched with the lessons learned along the way, highlights the profound growth and resilience that define the human experience.

#### Read Say yes to life

Now coming to the Readers' Connect part for this title, "Say Yes To Life" I must mention that this book is indeed a precious read. One of the novel's most compelling aspects is its exploration of the protagonist's internal and external battles. From the turbulence of adolescence to the pangs of love and betrayal, the story captures the myriad challenges that shape the protagonist's journey. Each chapter is a step closer to self-actualisation, showcasing the protagonist's growth from a misunderstood boy to a celebrated individual. Moreover, Debashish Dash's storytelling shines in its ability to inspire hope and resilience. The protagonist's journey is fraught with setbacks, yet each obstacle is met with a renewed determination to persevere. This relentless pursuit of one's dreams, despite societal opposition and personal hardship, is a powerful reminder of the human spirit's capacity to overcome and thrive!

Finally, coming to the Book's Verdict part where I must begin by mentioning that this title, "Say Yes To Life" is for sure a MUST READ one. Since, the book is a moving and inspiring novel that celebrates the resilience of the human spirit. It is a heartfelt ode to those who dare to live life on their own terms, and a reminder that even in our darkest moments, there is always a glimmer of hope. This book is indeed reading worthy for anyone seeking motivation to pursue their dreams and an affirmation that staying true to oneself is the ultimate path to fulfilment. Moreover, Debashish Dash is a promising author, who is very sincere with his ideas, which the readers can feel through his spectacular writings. In addition, his honest work makes this book even more reading worthy!

# Empowering Voters: A Must-Read Guide for Democratic Engagement by Maggy MacNikol – Book Review



This remarkable title, "Empowering Voters" belonging to the category of Political Science' by author Maggy MacNikol is not just a book; it is a call to action, a rallying cry for the citizens to embrace their role in shaping the future of their nation. In this insightful and timely work, the author serves as a guide, offering the readers a beginner's manual for navigating the complexities of the democracy, elections, and the governance. Interestingly, this book by the author is for all those readers across the world who are living in a democratic setup and this is something that actually makes this title reading worthy!

Author Maggy MacNikol, a vibrant woman of 58, embodies a multifaceted identity that extends far beyond titles. A dedicated policy advisor and a relentless agent of change, Maggy has made improving society and pursuing the common good her life's mission. Her extensive experience spans diverse platforms, fostering engagement with a wide range of stakeholders in government, non-profits, and the private sector. Fuelled by a burning passion to elevate the quality of life for others and create a brighter future for all, Maggy's journey has instilled in her a profound understanding of the intricate tapestry of societal needs and how to address them effectively. Years of immersion in this field have solidified her conviction that genuine, impactful change is neither easy nor accidental. It demands meticulous planning, precise targeting, and effective management.

For Maggy, success lies in crafting public services and policies that transcend mere words on paper, becoming tangible pathways to a better life for all. Her unwavering belief in the power of well-crafted policy fuels her work, a work driven by a passion for justice, equality, and the inherent dignity of every human being. While this particular book, "Empowering Voters" was published by Evincepub Publishing and

got released in April 2024 and is available in paperback as well as in e-book format. The readers can grab a copy of this title from any of the top online marketplaces!

At its core, "Empowering Voters" is a celebration of the power of the people. Through engaging prose and thought-provoking insights, author Maggy MacNikol highlights the importance of citizen participation in the democratic process. From understanding the benefits and significance of the elections to exploring the role of political marketing and social media influence, this book offers readers a comprehensive overview of the key issues at stake in modern politics. Moreover, as the sub-title of the book suggests, this title truly acts as a guide for the citizens, policymakers and the future advocates. The book encourages the citizens to vote and fulfil their duty as citizens also the author mentions the benefits, importance and the positive changes that can be made in the society when the citizens carry out their duty of voting.

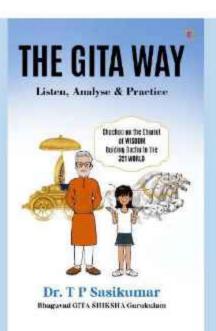
On top of that this title is more than just a guidebook; it is a manifesto for a more inclusive and participatory democracy. Well, through the '9 Learning Worthy Chapters' in this title, the author challenges readers to think critically, to question the status quo, and to actively engage in the democratic process. With its message of empowerment and its call to action, this book inspires the readers to embrace their role as active citizens and to work together towards a brighter future for themselves!

Coming to the Readers' Connect part, it becomes obligatory to mention that the book is a precious read. One of the book's greatest strengths lies in its ability to demystify the political process and make it accessible to all. Whether you are a seasoned policymaker, a first-time voter, or a future advocate, this title, "Empowering Voters" provides some real valuable insights and practical advice for making informed decisions and effecting positive change. Throughout the book, the author had emphasised upon the interconnectedness of individual actions and collective outcomes. By highlighting the ripple effects of civic engagement, she reminds readers that their voices matter and that they have the power to shape the course of history.

Now, coming to the final part of this review, i.e. the Book Verdict, we can conclude that a title like "Empowering Voters" is for sure a MUST READ one. Undoubtedly, the book deserves a chance by the readers, as it is a timely and essential read for anyone who is interested in the democracy, governance, and the civic engagement. With its accessible style, insightful analysis, and empowering message, this book has the potential to ignite a new wave of political activism and citizen participation. Whether you are a seasoned politico or a concerned citizen, this title is bound to leave you informed, inspired, and ready to make a difference. Moreover, Maggy MacNikol is a promising author, who is very sincere with her ideas, which the readers can feel through her spectacular writings. In addition, her honest work makes this book even more reading worthy!

# THE GITA WAY

#### **BOOK REVIEW**



The Bhagwad Gita has always been considered to have divine wisdom and power to heal a person from their wounds as well as bring a milestone in a person's spiritual journey. But, among the extremely busy and demanding schedules of people today, they have unfortunately wavered and drifted into a realm where, once engrossed, the search for meaning in life becomes an endless tale of trial and error. Catering to this need, "The Gita Way: Listen, Analyse & Practice" by Dr. T P Sasikumar is a reading into a journey of self-discovery and understanding the messages inherent in the epic. In this warm and relatable book, readers are invited into a conversation between Chachoo and Bachu, a duo reminiscent of any mentor-mentee relationship. Imagine your wise uncle, aunt, grandma, or grandpa guiding you through life's everyday hurdles. Just like Bachu, you may find yourself grappling with common issues, seeking answers, and yearning for clarity. Chachoo, with his profound understanding of the Bhagavad Gita, acts as a beacon of wisdom, offering insights that transcend time and circumstance.

The creation of a family relationship in "The Gita Way" harps on the significance of roots and relationships in the real world, especially with elders for their experience and wisdom. In a world driven by AI, this book delivers a strong message of finding wisdom in the earlier ways, even though technology today may be advanced and continuously evolving. The beauty of "The Gita Way" lies in its ability to bridge the gap between ancient philosophy and contemporary life. Through the dialogue between Chachoo and Bachu, Dr. Sasikumar skillfully connects Bachu's questions and concerns to the timeless struggles faced by Arjuna in the Gita. By weaving these parallels, Chachoo reveals a clear path toward resolution, demonstrating how Gita's principles can effortlessly translate into navigating everyday challenges.

The structure of the book mirrors the process of self-discovery and growth. "The Gita Way" guides you through life's daily skirmishes by first listening to your anxieties through presenting relatable situations. It then analyzes them through the lens of the Gita's wisdom, helping you understand the root causes behind your struggles. Finally, it practices solutions alongside you, equipping you with tools to navigate these challenges with newfound clarity and inner peace. The format followed in the book is in consideration of the understanding levels of readers of all ages, thus widening the reader base of the book.

One of the most compelling aspects of "The Gita Way" is its practicality. Rather than presenting lofty philosophical concepts in isolation, Dr. Sasikumar demonstrates how the teachings of the Gita can be applied directly to real-life situations. Whether it's dealing with relationship issues, career dilemmas, or existential questions, Chachoo's guidance offers a roadmap for navigating life's complexities with grace and resilience. To add to it, the usage of visual techniques has also been done with skill and craft. Putting the key takeaways or lessons in the box form with a different color highlights the author's psychological understanding of the readers and an awareness of how any lesson can be potently conveyed through writing.

Moreover, the conversational tone of the book makes it accessible to readers of all backgrounds. Whether you're a seasoned spiritual seeker or someone exploring these concepts for the first time, "The Gita Way" welcomes you with open arms. Through the interactions between Chachoo and Bachu, readers are invited to participate in a dialogue that feels both intimate and illuminating. The conversational format also opens the book to be read in the drama form where readers can read the lines as an impersonation, thus making book reading more of a lively experience for the listeners too.

As you journey through the pages of "The Gita Way," you'll find yourself not only gaining a deeper understanding of the Bhagavad Gita but also discovering profound insights into your own life. Each chapter serves as a stepping stone towards self-awareness and personal growth, inviting you to reflect on your beliefs, actions, and aspirations. The wisdom and thorough understanding of the author also comes to light through the text and highlights his grip on it.

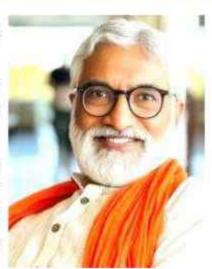
One of the book's strengths lies in its ability to distill complex philosophical ideas into practical wisdom that can be applied to everyday life. Whether you're facing challenges in your relationships, struggling with work-life balance, or seeking a sense of purpose, "The Gita Way" offers guidance that is both timeless and timely.

"The Gita Way: Listen, Analyse & Practice" is a must-read for anyone on a journey of self-discovery and personal transformation. Through its heartfelt storytelling, insightful reflections, and practical wisdom, this book empowers you to transform your everyday battles into opportunities for growth. So, take a step towards greater clarity and inner peace—pick up a copy of "The Gita Way" and embark on a journey of enlightenment today.

From Stellar Scientist to Student Superhero: Dr. T.P. Sasikumar's Inspiring Journey

Beyond the Lab Coat: DrTPS isn't your average educator. Forget dusty textbooks and stuffy classrooms - this multifaceted powerhouse has left his mark on diverse fields before igniting a revolution in learning.

From Struggles to Superpower: Dr. Sasikumar's academic journey wasn't always smooth sailing. What could have been a defining roadblock became the fuel for a remarkable transformation. Through sheer dedication, he amassed an impressive academic arsenal (MSc, MPhil, PhD, LLB, MBA, MS) — a testament to his grit and a powerful symbol for every student facing similar challenges.



Space Scientist to Student Champion: For two decades, DrTPS played a pivotal role in India's space program, sharpening his scientific mind and honing his problem-solving prowess. These skills seamlessly translated to the world of education, where he served as Deputy Director at the Directorate General of Security, further developing his leadership and strategic thinking. But his true calling lay with the next generation.

Witnessing the Launchpad of Potential: DrTPS, actively involved in academics as Director of Academic Staff College and holding roles like Professor and Executive Director, saw firsthand the transformative power of education. This passion led him to found SHIKSHA, an organization dedicated to empowering students, teachers, and institutions. He even runs LIFE mentoring camps at his home, JNAANAM, in Kerala, nurturing young minds under the warm Kerala sun.

A Voice that Ignites Millions: DrTPS isn't just a leader by example – he's a captivating speaker and prolific author (in both Malayalam and English). His works, like "Life of Love," "Rhythm of Life," and "Life Made Simple," have touched the lives of millions. These books, along with his other titles on self-growth, spirituality, and emotional intelligence, offer practical guidance and inspire individuals of all ages on their unique journeys.

More Than Just Diplomas: Dr. Sasikumar's influence extends far beyond his educational initiatives and published works. He's a respected thought leader and motivational figure, a champion of positivity, resilience, and lifelong learning. His story is a testament to the transformative power of education and the potential for self-belief to propel us all towards a brighter future.

# Book Review : A Roadmap for MBBS Students and Aspiring Medicos



Dr. Col Vishal Marwaha's "A Roadmap for MBBS Students and Aspiring Medicos" provides a comprehensive guide for medical students and parents, offering insights into academic navigation and the process of choosing the right medical college. The narrative begins with a poignant acknowledgement of the critical transition from school to medical college, a phase laden with challenges that Dr. Marwaha astutely addresses. His insightful perspective on the distinct hurdles accompanying this shift demonstrates his profound understanding of moulding aspiring doctors. Beyond serving as a roadmap, the book illuminates the lives of doctors and the medical fraternity, offering a holistic view of the challenges and triumphs.

#### Navigating the Transition

In this opening chapter, Dr. Col Vishal Marwaha sets the stage by acknowledging the critical transition from school to medical college. He addresses the challenges inherent in this phase, showcasing a profound understanding of the intricacies involved in molding aspiring doctors. This chapter serves as an introduction to the comprehensive guide, shedding light on the journey ahead.

#### A Practical Roadmap

Diving into practicality and relevance, Chapter 2 explores Dr. Marwaha's strategic approach. The meticulous year-by-year roadmap becomes a compass for students, emphasizing the paramount importance of regular attendance and a harmonious study-life balance. The chapter not only acts as a survival guide for students but also imparts invaluable insights for parents, extending its relevance beyond the medical field.

#### Holistic Understanding of Challenges

Addressing challenges faced by medical students, including those related to hostel life, mental health, peer pressure, and substance abuse, this chapter underscores Dr. Marwaha's commitment to providing a holistic understanding of the medical student experience. By addressing these issues candidly, the author initiates a much-needed dialogue, fostering a supportive environment for both students and their parents.

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# INTRODUCTION

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